

Short Title:	Social & Therapeutic Horticulture APPROVED
Full Title:	Social & Therapeutic Horticulture
Module Code:	HTSC H4030
ECTS credits:	5
NFQ Level:	8
Module Delivered in	2 programme(s)
Module Contributor:	Ciarnad Ryan
Module Description:	<p>This module examines how horticulture is used to foster social inclusion and promote health and well being. The module introduces the use of horticulture as a therapeutic tool in a range of settings, giving students a sense of the positive relationship that exists between people and plants and their natural surroundings and the benefits of horticulture within that context. It will define the role of a horticultural therapist and explore the use of Horticulture in a range of settings. It will show the student how to identify the additional skills required, outside of horticulture, in facilitating therapy, rehabilitation and social inclusion through the medium of horticulture, and those who will supply those skills. Students will gain an appreciation of the set up, development and management of social and therapeutic horticulture facilities.</p>
Learning Outcomes:	
<i>On successful completion of this module the learner will be able to</i>	
<ol style="list-style-type: none"> 1. Explain how plants and horticultural activities may be used as therapies for specific categories of potential clients and social groups 2. Identify suitable activities for therapeutic, vocational and community workshops 3. Design and evaluate a series therapeutic and social workshops for a range of client groups 4. Describe the development of horticultural therapy and community horticulture internationally and the status of the profession nationally 5. Collaborate successfully with a range of professionals involved in therapeutic and social care 	

Module Content & Assessment

Indicative Content
<p>Therapeutic Benefits of Horticulture in Vocational, Therapeutic and Community Contexts The physiological, psychological, recreational, socialisation, cognitive and vocational benefits of using horticulture as a therapeutic tool. Understanding the different benefits associated with passive and active forms of engagement, the aesthetic contribution of horticulture and landscape in a therapeutic setting and identifying individuals and groups that can benefit from horticulture therapy.</p>
<p>Workshop Planning, Delivery and Assessment The management and implementation of social and therapeutic horticulture programmes to include group and individual learning plans, goals assessment and evaluation to develop a client centered approach</p>
<p>Ethics and Working Within an Interdisciplinary Setting The role and responsibilities of the horticulture therapist, maintaining confidentiality, keeping fair and accurate records, critical self reflection. Working competently with other professionals and agencies within defined ethical parameters. Dealing with conflict or challenging behaviors. Maintaining the dignity of the client and self care for the therapist.</p>
<p>The Development of Horticultural Therapy and Community Horticulture The history of horticulture therapy in Ireland and internationally. The current use and contexts including schools, hospitals, residential care, community gardens, men's groups and vocational training for the cognitively or physically impaired person. The role of horticulture in improving social cohesion in disadvantaged or marginal communities.</p>
<p>The Therapeutic Garden The design, layout and features in a therapeutic garden with particular reference to universal design and accessibility. The selection of materials and maintenance requirements for a therapeutic garden facility.</p>

Indicative Assessment Breakdown	%
Course Work Assessment %	50.00%
Final Exam Assessment %	50.00%

Course Work Assessment %				
Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Project	Workshop delivery: Design and Evaluate, Participate and document a series of therapeutic workshops for people with cognitive difficulties	2,5	15.00	n/a
Other	Research forum: Participate in an online forum discussion that researches and evaluates international horticulture practice	1,2,4	15.00	n/a
Reflective Journal	Students will collaborate on a series of vocational and community workshops throughout the semester and must maintain a detailed record of their learning.	1,2,3	20.00	n/a

Final Exam Assessment %				
Assessment Type	Assessment Description	Outcome addressed	% of total	Assessment Date
Formal Exam	End-of-Semester Final Examination	2	50.00	End-of-Semester

Indicative Reassessment Requirement
<p>Repeat examination Reassessment of this module will consist of a repeat examination. It is possible that there will also be a requirement to be reassessed in a coursework element.</p>

ITB reserves the right to alter the nature and timings of assessment

Indicative Module Workload & Resources

Indicative Workload: Full Time

Frequency	Indicative Average Weekly Learner Workload
Every Week	26.00
Every Week	26.00

Resources

Recommended Book Resources

Sharon P., Ph.D Simson,, *Horticulture As Therapy* [ISBN: 978-1560222798]

Rebecca L. Haller (Editor), Christine L. Kramer (Editor), *Horticulture Therapy Methods* [ISBN: 978-1560223269]

Joe Sempik 2005, *Growing Together*, Policy Press [ISBN: 978-1861347268]

This module does not have any article/paper resources

Other Resources

Website: *Thrive*
<http://www.thrive.org.uk/>

Website: *American Horticulture Therapy Association*
<http://ahta.org/>

Module Delivered in

Programme Code	Programme	Semester	Delivery
BN_SHTSC_8	Bachelor of Science (Honours) in Horticulture [240 ECTS credits]	7	Elective
BN_SHTSC_B	Bachelor of Science (Honours) in Horticulture [Add on 60 ECTS credits]	1	Elective